

# Protect yourself from HEPATITIS A

## How is it spread?



not washing  
hands after  
using  
the bathroom



sex with  
infected  
partners



close contact  
with someone  
infected with  
hepatitis A



drug use



eating/  
drinking foods  
infected by  
hepatitis A

## What are the symptoms?

yellowing  
of eyes  
and skin



fever



nausea or  
throwing up



other symptoms: dark pee, pale poop, stomach pain, feeling tired or loss of appetite

## How do I prevent the spread of hepatitis A?

Wash your hands with soap  
and warm water after using  
the bathroom, changing  
diapers and before eating  
and preparing food



Get vaccinated if you  
are high risk for  
getting hepatitis A

## WHO IS AT HIGH RISK?

People currently experiencing homelessness or who have unstable housing  
People who use drugs \* People recently in jail or prison  
People with liver disease \* Men who have sex with men  
Travelers to countries where hepatitis A is common



## HOW DO I GET VACCINATED?

Call the Chester County Health Department  
for information  
(610) 344-6252 [www.chesco.org/health](http://www.chesco.org/health)